

CORE CURRICULUM

Main Facilitator: Daniel Jenkins

Group A

In semester 2 we continue our actor training with a focus on

- Given Circumstances
- Tempo/Rhythm
- Effective listening and responding,
- Making a connection with our partner through transmitting
- Emotion creation
- Physical actions

Using techniques from both Stanislavski and Meisner, the students will work on contemporary text which will build towards a sharing of the work in a studio showcase.

Group B

Semester 2 focuses on Shakespeare, his text, structure, technique, language and meaning. We will break down the myth and fear that is often associated with Shakespeare and by taking a very physical approach to the language, the students are encouraged to embody the text and find the rhythm, emotion and meaning behind the words. Using both tragedy and comedy, soliloquy and scene work, the students will work towards a sharing of Shakespeare's classics at the end of the semester.

EXTERNAL WORKSHOPS

Guest Facilitator: Sharda Harrison

Session 1 – Getting to know your body

In Session 1 students will be introduced to kalaripayattu, a martial arts form from India. It will be practiced as a way to build up students' movement vocabularies, while exploring and learning about their centre of gravity, breathing work, and control of movement. Exercises will be engineered around breathing techniques, isolation body work, stretches, movement flow, and organic movements. This is all centred around understanding how your body moves with you and as a unique entity on its own. We will discover your rhythm and way or style of movement.

Session 2 – Communication

This session will be an introduction of contact improvisation (an improvised movement dance practice) as a movement style which focuses on weight exchange and partner work. Communication through the body – without words – works as training to engage the student with new skills of translation in the body. Session 2 introduces devising work through building images framed through poetry.

Session 3 – Telling a story through your body

This session engages all of the vocabularies learned from sessions one and two, and works best as group work. Contact improvisation and kalaripayattu will be tools and vocabulary used as ingredients in the devising process. Choreography, text, and devising come into play as students work towards creating a 5- to 8-minute movement story.